[A1 - PLEDGE OF ALLEGIANCE]

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[A2 - COLD OPEN]

Also ... from what you write in your planner to taking notes ... the counselors are hosting a workshop to help you get organized.

I'm AVIANA LOVEALL.

And I'm JULIA WILLIAMS

Today is September 20th

And UNLEASHED begins... NOW.

[A4 - INTRO_NEWS_ROYALTY]

Good morning Wildcats. Homecoming is now only three 3 weeks away.

So, it is time to cast your vote for this year's royalty nominations. An email was sent to your school email with a Google form to cast your vote.

The deadline to vote for this years Homecoming Royalty is Wednesday.

Once the nominees are set, the second round of voting is October 3rd through the 5th.

[A8 - NEWS_GUEST PASS]

If you are bring a guest from another school to the homecoming dance, please remember to print out your guest pass permission slip online and turn it in to Mrs. Cano, at the front office, by October 5th. The price for a guest pass is 20-dollars and will be purchased during dance tickets sales. Again, make sure to have the guest pass permission slips into the office by October 5th.

[A7 - NEWS_POWERPUFF]

And ... with homecoming is right around the corner ... it's time to put your cleats and face paint on ... and sign up to play powerpuff.

Powder-puff sign-ups start today, and end next Friday. The cost to play has decreased this year to only 10-dollars. The money covers the cost of your powder-puff shirt and an accessory. The games are scheduled for October 8th. Stop by the student store to pick up a permission slip. Again, permission slips are available today and due on the 28th.

[A7 - NEWS_CLASS MEETINGS]

Class meetings start on Tuesday. Each grade has a meeting to discuss homecoming events and the dance. Seniors will also learn about cap and gown orders. The class meetings ware during intervention, in the small gym. Again, the first meeting is for the seniors, on Tuesday, in the small gym.

[A6 - NEWS_ORGANIZED SUCCESS]

And ... the counseling department is starting a workshop series to help students. Their next workshop is to help you get organized in your classes.

From what to write in your planner to balancing your workload, The Organized for Success workshop is open to all students. It is on Tuesday, during intervention, in the library. Again, students of all grades are welcome to attend. Stop by the counseling office if you have any questions.

[A9 - NEWS_COLLEGE NIGHT]

The college fair is back at Rocklin High School tonight. Lets send it over to reporter Emily skokan who is with counselor Roisin Leroy to hear a little bit about what to expect at the event. Emily...

[A10 - NEWS_FEATURE PACKAGE]

The women's cross country team already won a race, early in the season, with the help of a talented freshman. Grace Lathrop skipped the frosh - soph level, and now is on varsity. Reporter Kailee Hamilton and photographer Brooke Ellis, went to the cross country team's practice to learn what it is like being the fastest female runner at whitney, while trying to fit in with her new teammates.

[A11 - NEWS_FEATURE PACKAGE_OUT]

Now, the cross country teams has their first league meet yesterday. Three Wildcats finished in the top 10 on the female side and Grace earned a second place finish in her first SFL meet.

Comment about the TOPIC from package...

[A12 - INTRO TO THE WORD]

Now ...the Golf team has traveled to many tournaments to prepare for their league season and upcoming match against Granite Bay today.

The ladies are practicing to be more confident playing as team. Here's Emily Gaston with more in your "Word around Campus."

[A13 - THE WORD]

UP FIRST, Junior Emma Frank SHARED THIS ON ... Instagram WITH THE HASHTAG WHSUNLEASHED.

In this photo, Emma is with the Varsity Golf Team at Diamond Oaks Golf course. In this picture Emma is standing with her team and coach Laura Faber after they played in the Helen Lengfeld Tournament. Emma said she is ready to take on league season with her teammates.

AND THIS WEEK WE ASKED YOU to tell us about your favorite pet USING THE HASHTAG WHSUNLEASHED.

Senior Uriah Villa said her favorite pet is her dog, Jasmine. Uriah adopted her 2 years ago as a puppy and nicknamed her Jazzy. In this picture, Jasmine is looking at Uriah who is taking the photo. Uriah said Jazzy is always energetic and happy to be by her side.

NOW, we went on twitter to find out WHAT'S TRENDING... and if you're feeling annoyed by your siblings...here's a way to get payback.

This new trick has people pranking their siblings into believing they are invisible. To start the trick,

the person places a blanket over an empty chair to show the person being tricked, how it works. After the chair is covered by a blanket, and the blanket is lifted, the audience reacts as if he or she is invisible. This magician further leads on the person being tricked, by taking a staged photo of the chair before the trick to show the person in the chair that nothing is there.

[A14 - OUT WORD_BE RIGHT BACK]

If my family were to convince me I was invisible, I know I would be freaked out.

Comment about the WORD...

Comment about the WORD ... We'll be right back.

[B1 - WELCOME BACK_COLLEGE]

WELCOME BACK ... and thank you Julia Williams and Hannah Van Der Kamp for that PSA.

Now, here are some opportunities you can find in the College and Career Center ... as you heard earlier in the show, College Night is tonight, at Rocklin High School.

The event is free and open to all grade levels. It starts at 6:30 and include information from over 100 colleges.

Students can also learn about financial aid, NCAA qualifications, private colleges, and UC/CSU information. Again, the event is tonight, at Rocklin.

[B2 - INTRO_WEATHER]

Well ... as you know, we have temperatures in the low 90s this week.

Let's see when the weather will cool down again ... Here's MIKAYLA AYALA with your forecast.

[B3 - WEATHER]

- TODAY - SUNNY / NOW - 56 / 12:42 - 83/ 2:40 - 88

Thanks Madelyn and Hannah, it is a sunny 56 degrees this morning. As we take a look outside we have clear sunny skies and today's high is 90 degrees.

At lunch, it will get hotter than the last couple of days with a temperature of 83.

And if you are attending the College Night preview at Rocklin High School it should be 88 degrees.

- FUTURE FORECAST - DAY 1 - Friday / SUNNY / H - 93 / L - 59

Now here is a look at the next three days. Tomorrow, it should be sunny, with the week's high of 93 degrees so you might want to wear a pair of sunglasses.

- FUTURE FORECAST - DAY 2 - Saturday / Sunny / H - 91 / L - 58 On Saturday , the temperature will stay in the low 90s for one more day.

- FUTURE FORECAST - DAY 3 - Sunday/ Sunny / H - 87 / L - 56 And on Sunday , the weather will cool down to the high 80s and a low of 53 in the morning.

Now, here is one last look at your forecast ...

[B4 - OUT_WEATHER]

And we looked at some of the temperatures in the middle of next week, and we might actually dip down to the low 80's.

Ad-lib ... context about weather relating to X-Factor news / Sports / or Full Court Press

Thank you for the weather update MIKAYLA...

[B5 - INTRO SPORTS]

And now it is time for sports ... there is a meeting for all Track and Field athletes.

The mandatory meeting is tomorrow, at lunch, in room F-10.

And the volleyball team played Del Oro in an SFL league match.

Let's send it over to Julie West with the highlights, in the Full Court Press...

[B6 - SPORTS_SEGMENT]

****FULL COURT PRESS*** JULIE WEST

[B7 - GOODBYE]

Thanks Julie ... And to be featured in the show, don't forget to answer next week's question, and tell us where you love to travel and your favorite place to vacation.

Also make sure you share a picture on Snapchat, Twitter, or Instagram, with the hashtag WHSUNLEASHED.

That's all for now, where the news is UNLEASHED every day.

We'll see you ... tomorrow.